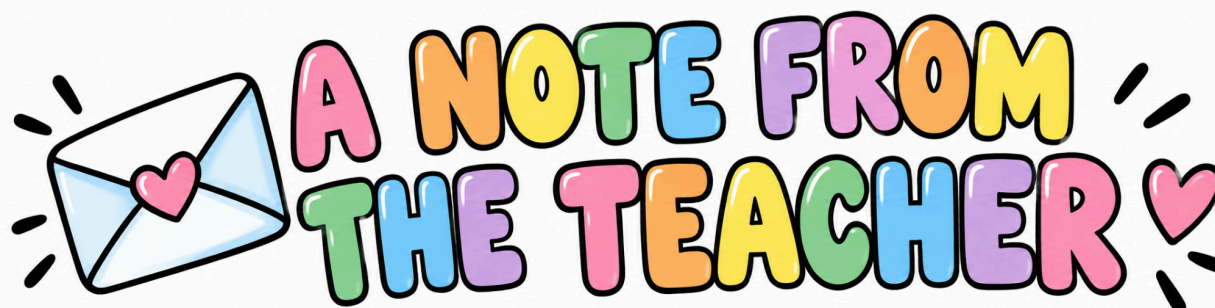




Week of September 21, 2026



In the Blue Room, our goal is to create a warm, loving, and welcoming classroom where every child feels safe, supported, valued, and excited to learn each day. We want your child to know that they are an important part of our classroom family and that we are here to encourage them, celebrate their accomplishments, and support them every step of the way. We are so excited for the wonderful year ahead and look forward to watching your children learn, grow, explore, and discover as we journey through our exciting Units of Study together. We can't wait to see all of the wonderful things this year will bring.

It was wonderful meeting all of you at **Parent Orientation** on Wednesday! Thank you so much for your support and for taking the time to join us. I'm looking forward to getting to

know each of you and your children and to sharing a wonderful year of learning, growing, and making special memories together!

Helpful Tips for a Smooth Transition to School

Below, I've included a few helpful tips and suggestions to support your child as they transition from home to school and help make their mornings a little easier:

- **Talk positively about school:** On the drive to school and as you're walking in, talk with your child about all the fun things they will do that day. Help create a positive picture in their mind by reminding them about the toys they'll play with, friends they'll see, and activities they'll enjoy.
- **Let them WALK in!** 😊 When your child gets out of the car, please have them put on their backpack and **walk into school on their own**. As tempting as it may be, try not to carry them! When they walk into school independently, it sends a powerful message: *"This is my school, I am safe here, and I can do this!"* ❤️
- **Remind them when you'll be back:** Let your child know that you will be there to pick them up **after rest time**. Keeping this message simple and consistent can help them feel more secure throughout the day.

I hope these little tips help make the transition from home to school a happy and successful one! Remember, your confidence and positivity can make a big difference in how your child feels about coming to school.

Building Independence at Home

To promote independence and reinforce the importance of classroom rules and routines, please practice the following skills with your child at home:

- Carrying their own backpack from the entrance of the school building to the classroom.
- Opening and closing their lunchbox and backpack independently.
- Placing their lunchbox in and out of their backpack and putting their cup in the side pocket.
- Pulling their pants up and down independently when using the bathroom.
- Sitting at the table during meals, keeping their tummy to the table and feet on the floor - I sing this song every day to the children.
- Cleaning up toys after playing.
- Using utensils independently during meals.

I truly appreciate your support as we work together to develop these important life skills. With consistent practice and encouragement, we can help the children build confidence, responsibility, and greater independence both at school and at home.

Thank you for your continued partnership and support!

Scholastic Book Orders:

Scholastic Book Orders will be sent home periodically throughout the school year. If you would like to order books for your child, please use our **Blue Room class code: PLFKW** when placing your order.

We encourage you to explore the wonderful selection of books available and help foster a love of reading at home!  

Thank you for your continued support!

TALKING ABOUT FEELINGS

Talking about feelings with your child helps them understand that all feelings are okay and that it's safe to express them. Try using simple words to describe your own emotions, such as, "I'm feeling frustrated right now, so I'm going to take a deep breath." This teaches children that feelings are normal and gives them positive ways to manage big emotions. Most importantly, listen to your child, name their feelings, and let them know that you are there to help them through whatever they are feeling.



This week we will continue with our amazing Creative Curriculum with our first **Unit of Study: The First Six Weeks.**

The **Focus Question** will be:

What should we do if we feel sad or scared at school?

What are our rules?

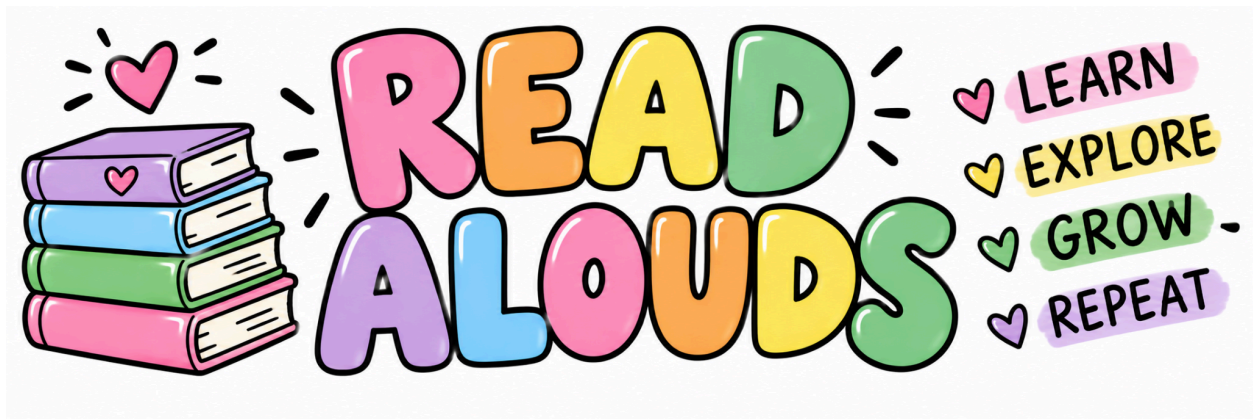
Below are some fun and exciting activities we will be doing:

- Sing *Hello Around the World* - (Hello in different languages)
- Work with puzzles
- Work with syllables and rhymes
- Discuss the new season - Autumn and the changes we will see
- Talk about and draw about our feelings
- Sing and dance with instruments
- Discuss How Do You Get to School? - make a chart
- Work with scissors
- Talk about and create Classroom Rules together

Preparing for the Week Ahead

Reviewing the upcoming week's topics with your child at home is a wonderful way to help prepare them for learning in the classroom. When children are introduced to new concepts and vocabulary before we discuss them at school, they begin to build prior knowledge, which helps them make connections and understand new information more easily. Even a few minutes of talking, reading, or exploring the weekly topic together can

make a meaningful difference. Your involvement helps children feel more confident, engaged, and excited to participate in classroom learning!



Wemberly Worried by Kevin Henkes

<https://www.youtube.com/watch?v=VU3xfCHD-dI>

The Kissing Hand by Audrey Penn

<https://www.youtube.com/watch?v=ZWzGUELaU8c>

The Adventures of Gary and Harry by Lisa Matsumoto

<https://www.youtube.com/watch?v=y3nmsIDCkuE>

A World of Families by Trish Holland

<https://www.youtube.com/watch?v=EWkVRHmONPw>



Friday, September 25, 2026 - School Pictures. All picture orders and payments must be placed by going to www.mylifetouch.com

NO picture orders and payments will be accepted at school.
Thank you for your cooperation.



Rest Time Items: Please wash the sheet and blanket and return it on Monday. Thank you.

Please Label Belongings: Please make sure **all of your child's personal belongings are clearly labeled** with their name.

Family Photos: Please send in **two 4x6 family photos by Monday, September 14th**. We love displaying one photo in your child's cubby and another around the classroom.

Important Paperwork: Please make sure all necessary paperwork has been completed and returned. We must have **up-to-date emergency contact information** for your child. Thank you for taking care of this!

Extra Clothes: If your child comes home with soiled clothing from school, please remember to send in a **fresh change of clothes** to replenish their classroom supply. Thank you!

Daily Sign-In & Sign-Out: Please remember to **sign your child in and out each day**. The clipboard with the sign-in/out sheet will be located in the mailbox outside the classroom.

Absences: If your child will be absent, please **email me before 9:00 a.m. and also call the main office**. Please be sure to include the reason why your child is absent on the email. If your child is absent for three or more consecutive days, a doctor's note is required in order for your child to return to school. Thank you for keeping us informed!

Fresh Water: Please make sure your child's thermos is filled with **fresh water each day**.

Clothing & Shoes: For your child's comfort and independence, please have them wear **Velcro sneakers and elastic-waist pants** each day. These make it much easier for them to manage their shoes and clothing independently, especially when using the bathroom.

Communication Folder: Please remember to check your child's **blue folder each day**. This folder is the best place to send any **notes, letters, forms, or payments** for us or the school office. We check the children's folders every day, so please feel free to use them as a way to communicate with us. If you are sending in any money or forms for us or the office, please be sure to include the money/forms in an envelope clearly labeled with your child's name, class and reason for payment and exact change whenever possible.

Toileting Reminders: If your child is not yet toilet trained, please be sure to send in **Pull-Ups with Velcro tabs on the sides**. These make it much easier for us to change your child quickly and comfortably. **Please note: We do not use diapers in the classroom.** Pull-Ups with Velcro sides are required for children who are still working on toilet training.

AFTER SCHOOL - If your child goes to afterschool please be sure to give them an extra snack in the backpack labeled - AFTERSCHOOL SNACK. Thank you.

Thank you for your support and cooperation!

If you have questions or concerns, please do not hesitate to contact me.

Enjoy the rest of the weekend!!!

Smiles,

Ms. Mary

Ms. Debbie

Ms. Gina



Unfortunately, I cannot send out a photo link until I have received all photo media release forms. If you have received one in your folder today, please fill it out and send it back as soon as possible. Thank you

Breakfast and Lunch menu for September:

OUR LADY QUEEN OF PEACE

September 2026

	TUE 1 No meal scheduled	WED 2 No meal scheduled	THU 3 No meal scheduled	FRI 4 No meal scheduled
MON 7 No meal scheduled	TUE - TODAY 8 No meal scheduled	WED 9 No meal scheduled	THU 10 Breakfast - Cold Field Trip Meal-Turkey & Cheese Sandwich WG Blueberry Muffin Diced Pears 1% Milk, Unflavored	FRI 11 Breakfast - Cold WG Cheerios Fresh Banana 1% Milk, Unflavored Lunch Cheese Pizza Fresh Garden Side Salad Ranch Dressing Sliced Apples 1% Milk, Unflavored
MON 14 Breakfast - Cold WG Banana Muffin Diced Peaches 1% Milk, Unflavored Lunch WG Breaded Chicken Parmesan & Steamed Green Beans Sliced Apples 1% Milk, Unflavored	TUE 15 Breakfast - Cold WG Multi-Grain Cheerios Applesauce 1% Milk, Unflavored Lunch Salisbury Steak w/ Brown Gravy & Roasted Potatoes Fresh Pear Whole Grain Bread 1% Milk, Unflavored	WED 16 Breakfast - Cold WG Cinnamon Raisin Bagel Butter Fresh Pear 1% Milk, Unflavored Lunch Toasted Cheese Sandwich Ketchup Mixed Fruit Roasted Sweet Potatoes 1% Milk, Unflavored	THU 17 Breakfast - Cold Strawberry Banana Yogurt Mixed Fruit 1% Milk, Unflavored Lunch Chicken Alfredo WG Penne Pasta & Steamed Broccoli Fresh Banana 1% Milk, Unflavored	FRI 18 Breakfast - Cold WG Honey Cheerios Fresh Banana 1% Milk, Unflavored Lunch Beef Burger & Steamed Green Beans Applesauce Ketchup WG Bun 1% Milk, Unflavored
MON 21 Breakfast - Cold WG Multi-Grain Cheerios Diced Peaches 1% Milk, Unflavored Lunch WG Penne Pasta w/ Meat Sauce & Italian Blend Vegetables Fresh Pear 1% Milk, Unflavored	TUE 22 Breakfast - Cold Vanilla Yogurt Mixed Fruit 1% Milk, Unflavored Lunch WG Breaded Chicken Tenders & Steamed Corn Diced Peaches 1% Milk, Unflavored	WED 23 Breakfast - Cold WG Rice Chex Cereal Fresh Pear 1% Milk, Unflavored Lunch WG Macaroni & Cheese and Steamed Broccoli Sliced Apples 1% Milk, Unflavored	THU 24 Breakfast - Cold WG Corn Muffin Sliced Apples 1% Milk, Unflavored Lunch WG Breaded BBQ Chicken & Sweet Mashed Potatoes Fresh Banana 1% Milk, Unflavored	FRI 25 Breakfast - Cold WG Cheerios Fresh Banana 1% Milk, Unflavored Lunch Cheese Pizza Fresh Garden Side Salad Mixed Fruit Ranch Dressing 1% Milk, Unflavored
MON 28 Breakfast - Cold WG Cinnamon Raisin Bagel Butter Diced Peaches 1% Milk, Unflavored Lunch General Tao's Chicken, Rice & Broccoli Sliced Apples 1% Milk, Unflavored	TUE 29 Breakfast - Cold WG Honey Cheerios Sliced Apples 1% Milk, Unflavored Lunch Meatloaf w/ Brown Gravy & Mashed Potatoes Fresh Pear Whole Grain Bread 1% Milk, Unflavored	WED 30 Breakfast - Cold WG Blueberry Muffin Fresh Pear 1% Milk, Unflavored Lunch Honey Mustard Chicken & Green Beans Mixed Fruit Whole Grain Bread 1% Milk, Unflavored		

Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. • This institution is an equal opportunity provider, employer and lender. • We do not recommend medical decisions regarding dietary needs be solely based on the nutrition information provided. Always consult with the staff on site if you have any questions or concerns. Nutrition information is subject to change based on menu changes and product substitutions. • For support with dietary accommodations, please contact your local school for further assistance.

★ **HAPPY** ★
BIRTHDAY!

Birthday Celebrations

Due to the safety concern to many of our students, if you wish to send a treat for your child's birthday, only the following treats will be allowed. Items that are not on the list will be sent back home with your child.

Name brand only as indicated below. No exceptions:

ONLY ONE ITEM TO BE SENT IN FROM THE LIST:

- Kellogg's rice krispy treats (plain)
- Nabisco oreo cookies (regular, no flavored cookie)
- Lay's potato chips (plain only)
- Pepperidge Farm goldfish crackers (cheddar flavored)
- Philly pretzels (no dipping sauces)
- Annie's bunny- bunny grahams, cheddar bunny
- Barnum's animal crackers
- Enjoy Life- chewy bars, crunchy cookies, soft baked cookies
- Snyder's pretzel snack packs
- Pirate's Booty

This year, the **Blue Room will be participating in a Birthday Book Donation**. If you would like, you may donate a book that your child enjoys to our classroom library in honor of their birthday. Please include your child's **name, birthday, and a photo** on the inside cover of the book. We look forward to building a special classroom library filled with books chosen by our wonderful students! Please review to the BIRTHDAY list below if you need more information about what snacks are permitted.